Bake nJoy



Croissant-Donuts

- 1. 9 lbs. Classic Yeast Raised Donut Mix (#5911150)
- 2. 4 lbs. water
- 3. 6 oz. compressedyeast
- 4. 2 lbs. soft butter(spreadable)

Desired dough temperature: 70ì F

What you'll do:

- 1. Add donut mix to water and yeast; mix on low speed 4-5 minutes.
- 2. Let rest in bowl 20 minutes.
- 3. Place dough on bench and roll out to a rectangle with a thickness of about 1/2 inch.
- 4. Spread softened butter over two-thirds of the dough, leaving last third bare (as shown at right).
- 5. Tri fold the dough, folding the bare section over the middle third and the buttered third over the top of that.
- 6. Rest dough for 15 minutes.
- 7. Turn dough 1/4 turn and roll out to a 1/2 inch thickness again. Tri fold dough again, folding one outside third over the middle, then the other third on top of that.
- 8. Rest dough for 15 minutes.
- 9. Turn dough 1/4 turn and roll out to 1/2 inch thickness again. Trifold dough again, folding one outside third over the middle, then the other third on top of that.
- 10. Rest dough 20 minutes.
- 11. Roll out dough to 1/2 inch thickness and cut out croissant donuts (using a traditional donut cutter).
- 12. Place on donut screen in a proof box and proof (90) F maximum) until donuts have doubled in size.
- 13. Fry as a normal donut and top with honey glaze or powdered donut sugar.

