



Apple Cinnamon and Carmel Dessert Parfait



Ingredients:

- Bake'n Joy Cinnamon Coffee Cake Muffins
- Bavarian cream filling.
- Flambéed apple & cinnamon slices – diced for layering, sliced for garnish
- Fresh whipped cream
- Caramel sauce

Instructions:

- Bake Cinnamon Coffee Cake muffin according to instructions.
- Allow to cool.
- Remove paper liner from baked muffin.
- Lay muffin on its side and cut 3 slices.
- Place one slice in bottom of parfait glass and drizzle with caramel sauce.
- Add 1 Tbl of Bavarian cream, 1 Tbl diced cooked apples and spread
- Repeat layers with remaining muffin slices
- Top with fresh whipped cream, caramel drizzle and sliced cooked apples as garnish.